

# Badminton

## Rules

- A game is played to 21 points.
- Scoring is rally point, which means a point is scored on every serve.
- A match consists of 2 out of 3 games.
- Service always begins from the right hand service court to start the match.
- When your score is an odd number, service is from the left service court and when your score is even, service is from the right service court.
- A player must have both feet on the ground and remain stationary when serving.
- Contact with the shuttle must be made below the waist for the serve
- Any shuttle that hits the top of the net and lands in is legal.
- A shuttle that lands on the line is considered "in"
- No player may contact the shuttle until it crosses the net on to their side. The racquet can follow the shuttle over the net as long as contact is made on your side.

## Strategy

### Singles:

- Serve mainly high and deep
- Vary the serve
- When in trouble clear the shuttle high and deep.
- After each hit return to the center for the court.
- Play the opponents weak side.

### Doubles:

- Use mainly short serves to make them hit up
- Follow the serve to the net
- Play weaker player to his or her weaker side
- Return to centre if playing front and back
- Return to half if playing side by side

## Shots

- Overhead/Underhand Clear
- Overhead/Underhand Drop
- Smash
- Drive

## Court

- A. Doubles Sideline
- B. Singles Sideline
- C. Singles service line or baseline
- D. Doubles service line
- E. Short service line

